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The Family History Questionnaire

This questionnaire concerns you and your child. I am asking you to complete this questionnaire to assist me in focusing on the concerns you have, and to better understand your child. Some of the information requested may not seem related to your child and his/her problems, but often such seemingly unrelated information becomes very important in my understanding your questions. You may not immediately remember the answers to all of the questions. However, I would appreciate your trying to complete the questionnaire as accurately and completely as possible. Family members, baby books, and close friends etc., can be good resources in completing this questionnaire. If you run out of space in answering a question, feel free to attach a sheet of paper. Your completion of this questionnaire **will help reduce the time needed to make an accurate evaluation of your child's difficulties** as well as help to focus my attention to your specific concerns. If you do not understand any of the questions please feel free to call me at the number listed below.

Today's date: _____

Child's First Name:_____ **Middle:**_____ **Last:**_____

Birthdate:_____ Current Age:_____ Gender: Male ____ Female ____ Non-Binary ____

Grade: _____ School: _____

Child's Primary Home address:_____

City State Zip Code

Child's Cellular Phone: _____ Child's Email: _____

Mother's Name (First, Middle Initial & Last): _____

Mother's Primary Home address:_____

City State Zip Code

Birthdate: _____ Age: _____

Relationship to child: (check one) Biological ____ Adoptive ____ Stepmother ____ Other ____

Occupation: _____ Religion: _____

Ethnic Background: _____ Place of Birth: _____

Years in School: _____ Date of this marriage: _____

Place employed: _____ Years with Employers: _____

Work Hours: _____ Work Phone: _____

Cellular Phone: _____ E-Mail: _____

Father's Name (First, Middle Initial & Last): _____

Father's Primary Home address:_____

City State Zip Code

Birthdate: _____ Age: _____

Relationship to child: (check one) Biological ____ Adoptive ____ Stepfather ____ Other ____

Occupation: _____ Religion: _____

Ethnic Background: _____ Place of Birth: _____

Years in School: _____ Date of this marriage: _____

Place employed: _____ Years with Employers: _____

Work Hours: _____ Work Phone: _____

Cellular Phone: _____ E-Mail: _____

Who referred you to me? _____

What is it that concerns you most about your child? What problems are you having?

When did these concerns begin? -----

Describe what you have tried to do about these problems:

In what other ways do you think your child can best be helped?

In what ways are these problems affecting yourself, other family members or your family as a whole?

Prenatal/Birth History

Did you have problems getting pregnant? -----

Was this a planned pregnancy? Yes ___ No ___ How did you feel about it? -----

During which month did you start prenatal care? -----

Did you take any medications during pregnancy (includes all medications, vitamins, birth control pills, etc.)

Did you smoke during pregnancy? Yes ___ No ___ If so, when? -----

How many cigarettes a day? -----

How much alcohol did you consume during your pregnancy? Yes ___ No ___

Number of drinks a week: -----

Any drug use during the pregnancy? Yes ___ No ___

List drug(s): -----

Any illnesses during the pregnancy?

The baby was born: (check one) on time ___ early* ___ late* ___ *By how many weeks? -----

Length of labor in hours: -----

Type of delivery: (check all that apply) Vaginal ___ Breech ___ Cesarean ___ Forceps ___

Baby's birth weight _____ Length _____ APGAR scores _____ (1-10)

Infant's condition: (check all that apply) Breathed immediately ___ Cried immediately ___ Required oxygen ___

Had Seizures ___ Required Intensive Care ___

Problems during the first week of life: (check any that apply) Incubator ____ Yellow skin ____
Bleeding ____ Infection ____ Special concerns: _____

Developmental History

As an infant/toddler did the child eat well? _____

As an infant/toddler, what was your child's sleep pattern? _____

Please indicate the age in months when your child first did each of the following.
If your child has not yet done it please write "No"; if you do not remember, write "DR".

- | | |
|-----------------------------------|--|
| Held head erect _____ | Sat alone _____ |
| Crawled _____ | Pulled to stand _____ |
| Stood alone _____ | Smiled spontaneously _____ |
| Walked holding on furniture _____ | Feed self cracker _____ |
| Walked without holding on _____ | Drank from a cup _____ |
| Ran with good control _____ | Played peek-a-boo _____ |
| Walked up steps _____ | Recognized parents _____ |
| Rode a tricycle _____ | Showed fear with strangers _____ |
| Said "mama" or "dada" _____ | Spoke in three word sentences _____ |
| Started toilet training _____ | Ended toilet training _____ |
| Put on clothes _____ | Handedness (check one): left ____ right ____ both ____ |

Child's Health/Medical History

Please list the name & address of child's physician:

Does your child see any additional physicians/specialists? If yes, please note name and why:

Does the physician know your child well? ____ yes ____ no
Does your child take any medication? ____ yes ____ no

If yes, please list current medications with the dosage and schedule taken:

Medication	Dosage	Schedule	Approximate Date started
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

When was your child's last physical exam? _____

Please list any other physicians that your child sees regularly and why:

Child's current height and weight (approximate): Height _____ Weight _____

Please mark what childhood diseases your child has contracted: (LIST AGE)

Mumps _____	Age: _____	3-day measles _____	Age: _____
Chicken pox _____	Age: _____	7-day measles _____	Age: _____
Roseola _____	Age: _____	Scarlet fever _____	Age: _____
Whooping cough _____	Age: _____	Serious illnesses: _____	Age: _____

List any unusual complications: _____

Is your child up to date with his/her immunizations? _____ yes _____ no

Please mark if your child has had any of the following:

Accidents: _____

High fever, unknown cause: _____

Pneumonia: _____

Anemia: _____

Lead poisoning: _____

Urine infection: _____

Bowel disease: _____

Problem in bladder or bowel control: _____

Vision problems: _____

If yes, do he/she wear corrective lens? Yes _____ No _____

When was the last eye exam?: _____

Hearing: _____

Frequent ear infections: _____

Speech/Language problems: _____

Difficulties eating or feeding self: _____

Difficulties in: Swallowing ____ Chewing ___ Drooling ___

Foot problems: _____

Motor problems: _____

Skin abnormalities: _____

Allergies: _____

Seizures or convulsions: _____

Sleep difficulties: _____

Unusual fears: _____

Unusual behaviors: _____

Ingestion of drugs, cleaners or non-food items: _____

Other illnesses/problems: _____

Has the child even been hospitalized? (Name of hospital, date & reason for hospitalization): _____

Has your child ever received any previous psychotherapy or counseling? _____Yes _____ No

If yes, describe reason and estimate length of treatment:

With whom & for how long?

What was the outcome of that treatment experience?

School History

Has your child ever been in preschool? _____ yes _____ no

If yes, please list where and at what age:

In order of attendance, list all of the schools your child has attended since Kindergarten:

Table with 5 columns: School, Location (if out of town), Grade Level, Years, Grades—A's, B's, C's, D's U's

Has your child ever been held back a grade in school? Yes ____ No ____ If yes, list Grade: _____

Has there ever been a problem in getting your child to go to school? Yes ____ No ____

Has your child ever been in special education? Yes ____ No ____ If yes, when, where, what kind:

Has your child had remedial classes or tutoring? Yes ____ No ____ If so when, where, what kind:

Has your child ever had psychological or psycho-educational testing? Yes ____ No ____

If yes, by whom and at what age was he or she assessed?

Has your child ever been diagnosed with having a learning disability? ____yes ____ no

If yes, describe: _____

Was he/she placed in a special classroom or program? _____

Does your child receive special accommodations or services at school? ____yes ____ no

If yes, describe: _____

If your child has a 504 Plan or an Individual Education Plan (IEP), please note what is targeted: (e.g., Since 2nd grade Dxed with ADHD symptoms, therefore receives extend time when taking quizzes or tests, cueing to stay focused; LD—Reading Disorder/Dyslexia and receives 60 minutes a day of reading tutoring at school/ or privately at The Center for Reading)

Has your child ever received any special services for speech/language, hearing or occupational therapy? Yes ____ No ____ If yes, describe:

What is your child's attitude toward school? _____
 What are your child's current grades like? _____
 How do these grades compare with his/her grades one year ago? _____
 Other comments about school: _____

Social Behavior & Activities

How does your child play and/or get along with other children at
 At school _____
 In the neighborhood _____
 With siblings _____

What things does your child like to do?

What do you consider to be some of your child's strengths?

Describe your child's personality:

What things/activities present the greatest difficulty for your child?

What are your concerns about your child's social functioning?

Family History

Please list all immediate family members (indicate if adopted, half or step-members)

Name	Age	Relationship	Living Where	Siblings- Current School/Grade
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Previous Marriages:	Name	Date married	Date Separated	Date of Divorce	Reason for Divorce
Mother:	_____	_____	_____	_____	_____
Father:	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____

Are there any particular family stresses of which you are aware that may have a bearing on your child's problem? If yes, please describe:

Who currently lives in the home? _____

Has your child ever been separated from the family? ___ yes ___ no
If yes, list age, duration and reason

If either parent has been married previously, and this child is not the natural child of one of the parents, please give information regarding the absent natural parent:

Name: _____ Age: _____

Address: _____

Phone: _____

Date of separation: _____ Date of divorce: _____

Reason for divorce: _____

What type of custody arrangement was granted by the court? _____
(e.g., Joint Custody, Solo Custody, etc.)

What is the nature & frequency of your child's contacts with the absent parent? Please note the visitation schedule and how regular the schedule is followed:

What difficulties, if any, do any of the other children in the family have?

List any concerns that you have regarding your family's current functioning?

Substance Abuse History

Do you have any concern or suspicion that your child is or ever has experimented with alcohol or drugs? Yes _____ No _____

If yes, level of concern: ___ Little ___ Moderate ___ High

Known experimentation or usage? ___ yes ___ no

Explain, if yes, on the next page (when did this occur, elaborate on details and name specific drugs):

Family Medical/Family Psychiatric History

Please indicate whether there are any relatives of your child (including parents, grandparents, aunts, uncles and cousins), who have (or have had in the past) the same or a similar problem for which you are seeking evaluation. Also indicate for these persons whether there are serious, chronic or recurrent illnesses or abnormalities such as birth defects, miscarriages, diabetes, seizures or epilepsy, mental or emotional disorders, substance abuse problems, slow development, mental retardation, school problems, cerebral palsy, muscular disorders, cancers, leukemia, thyroid disease, deafness or blindness, speech or language problems, reading or learning disabilities. (Please be as specific as possible, giving **relationship to the child, age of relative and problem**).

Mother_____

Mother's mother_____

Mother's father_____

Mother's brothers & sisters_____

Mother's maternal grandmother_____

Mother's maternal grandfather_____

Mother's paternal grandmother_____

Mother's paternal grandfather_____

Mother's aunts & uncles_____

Mother's cousins_____

Father_____

Father's mother_____

Father's father_____

Father's brothers & sisters_____

Father's maternal grandmother_____

Father's maternal grandfather_____

Father's paternal grandmother_____

Father's paternal grandfather_____

Father's aunts & uncles_____

Father's cousins_____

If you would like to provide any additional information, which you feel would be important for understanding your child and your particular concerns, please use the space below or on the back side of this sheet.